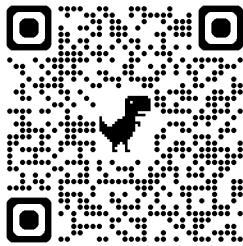


Beloit College



NEW FOR SPRING 2026 !!!

Beloit College, in partnership with the Society for Learning Unlimited, is proud to announce a Workshop Series of courses designed to offer lifelong learners opportunities to develop skills and knowledge that require the time and practice that only a multi-class structure can offer.

The Spring 2026 Series kicks off with three offerings, listed below. Each course consists of 6 classes, 2 hours each. All classes are scheduled to take place at the Beloit College Library.

Course	Instructor	Description
Life Writing	Chris Fink, Professor, Beloit College	Participants will develop short memoir and personal narrative pieces through weekly prompts focused on memory, identity, and voice. The course culminates in an optional reading and discussion session.
Genealogy and Family Research	TBD	Introduces practical techniques for tracing family histories using digital archives, census data, and local records. Each participant completes a mini family research project by the end of the term.
Meditation	Joan Budilovsky, Visiting Professor, Beloit College	A guided introduction to mindfulness and meditative breathing techniques that promote stress reduction and mental clarity. Sessions combine short lectures, practice, and reflective discussion.

Course schedules, instructors, registration, fees, and detailed information for these courses will be online and can be accessed using the QR code above or going to https://bit.ly/Beloit_SLU. If you have questions or need assistance with registration, please contact Amy Van Deuren at yandeurena@beloit.edu, or 608-449-5386.